

2018-19



K.R. MANGALAM UNIVERSITY

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KRMU/Chetna Society/Notice/2018-2019 | 21

Date: 02/06/2019

CHETNA SOCIETY

NOTICE

International Yoga Day cum Wellness Week Celebrations – June 7th to June 21, 2019

To rejoice and commemorate International Yoga Day on June 21st, 2019, Chetna Society, Self-Development Society & Health Society at K.R. Mangalam University collectively organizing yoga and wellness program which used to commence from 09:30 am till 10:15 am each day. It lasted for 15 days, from June 7 June to June 21, 2019.

Venue: Yoga and Meditation Center, 4th Floor, A Block, KRMU

Date – 7 June to 21 June 2019

Time – 09:30 to 10:15 A.M

Target Group: Students and Teaching Staff

Type - Expert session

Faculty Coordinators - Dr. Ruchika Yadav (Professor-SOMC),

Ruchika yadav

Jm
Registrar
K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



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**Chetna Society invites you to celebrate
International Yoga Day & Wellness Week
(15 Days)**



Time: 09:30 a.m. to 10:15 a.m.

Date: June 7th - June 21st, 2019



Target Participants: KRMU Students


Faculty Coordinator: Dr. Ruchika Yadav (SOMC)

011-48884888/8800697010-15

8800697012

University Gurugram Campus:

 www.krmangalam.edu.in
 welcome@krmangalam.edu.in


Registrar
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Sector-14 Gurugram, Haryana



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Dr APJ ABDUL KALAM SCIENCE SOCIETY

Academic Session 2018-19

Ref. No.: Science Society/Notice/2018-19/001

20th March 2019

NOTICE

“Mind Games to Trigger the Mind of the Students”

- [1] School of Basic and Applied Sciences is planning to organize an webinar on “Mind Games to Trigger the Mind of the Students” on **28th March 2019** in offline mode, B014, B-Block.
- [2] The event is organized to use **games and activities** to enrich and add more **interaction** and communications among students.
- [3] This is mandatory for all the students of SBAS to attend the Event.

Dr. Nidhi Gaur

Event-In-Charge

Registrar
K.R. Mangalam University
Sohna Road, Gurugram, Haryana



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Dr APJ ABDUL KALAM SCIENCE SOCIETY

Academic Session 2018-19

Ref. No.: Science Society/Notice/2018-19/003

25th Febraury 2019

NOTICE

“Science Day Celebrations”

- [1] School of Basic and Applied Sciences is planning to organize an event on “Science Day Celebrations” on **28th Febraury 2019** A213, A-Block.
- [2] The competition is organized to inculcate a spirit of **scientific** enquiry and analytical thinking amongst the students.
- [3] This is mandatory for all the students of SBAS to attend the event.

Dr. Nidhi Gaur

Event-In-Charge

Registrar
K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



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Dr APJ ABDUL KALAM SCIENCE SOCIETY

Academic Session 2018-19

Ref. No.: Science Society/Notice/2018-19 / 002

20th Febraury 2019

NOTICE

“Poster Sketching Competition”

- [1] School of Basic and Applied Sciences is planning to organize “Poster Sketching Competition” on 21th Febraury 2019 B014, B-Block.
- [2] The competition is organized to help students retain and learn faster. It will also give them a visual aid that helps them understand the material..
- [3] This is mandatory for all the students of SBAS to attend the competition.

Nidhi

Dr. Nidhi Gaur

Event-In-Charge

Jyoti

Registrar
K.R. Mangalam University
Mangalam, (Haryana)



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KRMU/Chetna Society/Notice/2018-2019

Date: 12/01/2019

CHETNA SOCIETY

NOTICE

Programme on Pursuit Of Inner Self Excellence (POISE)

Chetna Society & Self-Development Society collectively organised an eleven hrs. programme from 22nd January to 26th March'2019 for the students, faculty members, administrative members & housekeeping staff under the theme - **Pursuit Of Inner Self Excellence (POISE)**. The main aim was to offer the participants an aspirational set of values to live by; to assist them achieve a balanced life focused on a spiritual goal & an ethical material life; and eventually contribute to self & societal development.

Venue: Yoga and Meditation Center, 4th Floor, A Block, KRMU

Date – 22nd January to 26th March'2019

Time – 09:30 to 10:15 A.M

Target Group: Students and Teaching Staff

Type - Expert session

Faculty Coordinators - Dr. Ruchika Yadav (Professor-SOMC),

Ruchika yadav

[Signature]
Registrar
K.R. Mangalam University
Sohna road, Gurugram (Haryana)



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*Chetna Society & Self development society
organizing a 3hrs Programme on*

“PURSUIT OF INNER SELF EXCELLENCE (POISE)”

Venue: 213, A-Block

Time: 09:30 a.m. to 10:15 a.m.

Date: 21st January to 26th March, 2019

Target Participants: KRMU Students

Faculty Coordinator: Dr. Ruchika Yadav (SOMC)

University Gurugram Campus:

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KRMU/Chetna Society/Notice/2018-2019/19

Date: 06/01/2019

Notice

National Youth Day on 12th Jan, 2019

Chetna Society takes the privilege to invite you all to celebrate National Youth Day (Yuva Diwas) in the premises of KRMU. This day is celebrated with the great joy and enthusiasm in India every year on 12th of January. It is celebrated to commemorate the birthday of Swami Vivekananda, maker of the modern India. It was first declared by the Government of India in the year 1984 to celebrate the birthday of Swami Vivekananda as the National Youth Day. Since then, it is started celebrating as the National Youth Day all over the country. In the words of Swami Vivekananda "Education is the manifestation of perfection already in men" The purpose of celebrating this occasion is to highlight the Life & teachings of Swami Vivekananda (he exhorted the youth to be strong and fearless, kind and benevolent, strictly moral and of high character. The programme would start with life & teachings of Swami Vivekananda & followed by relaxation & meditation.

Venue: A- 209

Time: 2:30 pm till 3:30 pm

Faculty Coordinator: Dr Ruchika yadav

Dr Ruchika Yadav

Jm
Registrar
K.R. Mangalam University
Sohna road, Gurugram, (Haryana)



K.R. MANGALAM UNIVERSITY
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Chetna Society invites you to celebrate

NATIONAL YOUTH DAY (YUVA DIWAS)

Date: 12th Jan, 2019

Time: 2:30 pm till 3:30 pm

Venue: A - 209

Target Participants: KRMU Students
Faculty Coordinator: Dr. Ruchika Yadav
(SOMC)



011-48884888/8800697010-15
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Dr. Ruchika Yadav
Registrar
K.R. Mangalam University
Gurugram



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Dr APJ ABDUL KALAM SCIENCE SOCIETY

Academic Session 2018-19

Ref. No.: Science Society/Notice/2018-19/1005

10th October 2018

NOTICE

“Science Quiz Competition”

- [1] School of Basic and Applied Sciences is planning to organize on “Science Quiz Competition” on **12th October 2018** in offline mode, B014, B-Block.
- [2] The competition is organized to inculcate a spirit of **scientific** enquiry and analytical thinking amongst the students.
- [3] This is mandatory for all the students of SBAS to attend the competition.

Dr. Nidhi Gaur

Event-In-Charge


Registrar
K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



K.R. MANGALAM UNIVERSITY
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Chetna Society jointly with UNIC & HET organizes

ALL INDIA ESSAY WRITING EVENT



Submit your entries by 12
August 2018

On

ruchika.yadav@krmangalam.edu.in
du.in

For details, Contact
Dr. Ruchika Yadav
Convener, Chetna Society
Ph: 8527434261

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