



K.R. MANGALAM UNIVERSIT

THE COMPLETE WORLD OF EDUCATION

KRMU/Chetna Society/Notice/2018-2019 2

Date: 02/06/2019

CHETNA SOCIETY

NOTICE

International Yoga Day cum Wellness Week Celebrations - June 7th to June 21, 2019

To rejoice and commemorate International Yoga Day on June 21st, 2019, Chetna Society, Self-Development Society & Health Society at K.R. Mangalam University collectively organizing yoga and wellness program which used to commence from 09:30 am till 10:15 am each day. It lasted for 15 days, from June 7 June to June 21, 2019.

Venue: Yoga and Meditation Center, 4th Floor, A Block, KRMU

Date - 7 June to 21 June 2019 Time - 09:30 to 10:15 A.M

Target Group: Students and Teaching Staff

Type - Expert session

Faculty Coordinators - Dr. Ruchika Yadav (Professor-SOMC), Ruchita yadar



International Yoga Day & Wellness Week Chetna Society invites you to celebrate



Time: 09:30 a.m. to 10:15 a.m.

Date: June 7th - June 21st, 2019

Faculty Coordinator: Dr. Ruchika Yadav (SOMC) Target Participants: KRMU Students

University Gurugram Campus:

• 011-48884888/8800697010-15

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www.krmangalam.edu.inwelcome@krmangalam.edu.in



Academic Session 2018-19

Ref. No.: Science Society/Notice/2018-19 00

20th March 2019

NOTICE

"Mind Games to Trigger the Mind of the Students"

- [1] School of Basic and Applied Sciences is planning to organize an webinar on "Mind Games to Trigger the Mind of the Students" on **28**th **March 2019** in offline mode, B014, B-Block.
- [2] The event is organized to use games and activities to enrich and add more interaction and communications among students.
- [3] This is mandatory for all the students of SBAS to attend the Event.

Dr. Nidhi Gaur

Event-In-Charge

Registrar

K.R. Mangalam University

Sohna Road, Gurugram, (4)



Academic Session 2018-19

Ref. No.: Science Society/Notice/2018-19/003

25th Febraury 2019

NOTICE

"Science Day Celebrations"

- [1] School of Basic and Applied Sciences is planning to organize an event on "Science Day Celebrations" on 28th February 2019 A213, A-Block.
- [2] The competition is organized to inculcate a spirit of **scientific** enquiry and analytical thinking amongst the students.
- [3] This is mandatory for all the students of SBAS to attend the event.

Dr. Nidhi Gaur

Event-In-Charge

Registrar

K.R. Mangalam University

Sohna Road, Gurugram, (Haryana)



Academic Session 2018-19

Ref. No.: Science Society/Notice/2018-19

20th Febraury 2019

NOTICE

"Poster Sketching Competition"

- [1] School of Basic and Applied Sciences is planning to organize "Poster Sketching Competition" on 21th February 2019 B014, B-Block.
- [2] The competition is organized to help students retain and learn faster. It will also give them a visual aid that helps them understand the material.
- [3] This is mandatory for all the students of SBAS to attend the competition.

Dr. Nidhi Gaur

Event-In-Charge

Ragistrer

rugram; (Haryana)⁻⁾



KRMU/Chetna Society/Notice/2018-2019

Date: 12/01/2019

CHETNA SOCIETY

NOTICE

Programme on Pursuit Of Inner Self Excellence (POISE)

Chetna Society & Self-Development Society collectively organised an eleven hrs. programme from 22nd January to 26th March'2019 for the students, faculty members, administrative members & housekeeping staff under the theme - Pursuit Of Inner Self Excellence (POISE). The main aim was to offer the participants an aspirational set of values to live by; to assist them achieve a balanced life focused on a spiritual goal & an ethical material life; and eventually contribute to self & societal development.

Venue: Yoga and Meditation Center, 4th Floor, A Block, KRMU

Date - 22nd January to 26th March'2019

Time - 09:30 to 10:15 A.M

Target Group: Students and Teaching Staff

Type - Expert session

Faculty Coordinators - Dr. Ruchika Yadav (Professor-SOMC),

K.R. Mandada Gurugian Vina List



Chetna Society & Self development society organizing a 3hrs Programme on

"PURSUIT OF INNER SELF **EXCELLENCE (POISE)**"

Venue: 213, A-Block

Time: 09:30 a.m. to 10:15 a.m.

Date: 21st January to 26th March, 2019

Target Participants: KRMU Students

Faculty Coordinator: Dr. Ruchika Yadav (SOMC)

University Gurugram Campus:



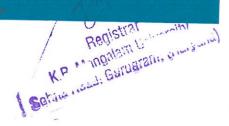
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KRMU/Chetna Society/Notice/2018-2019/19

Date: 06/01/2019

Notice

National Youth Day on 12th Jan, 2019

Chetna Society takes the privilege to invite you all to celebrate National Youth Day (Yuva Diwas) in the premises of KRMU. This day is celebrated with the great joy and enthusiasm in India every year on 12th of January. It is celebrated to commemorate the birthday of Swami Vivekananda, maker of the modern India. It was first declared by the Government of India in the year 1984 to celebrate the birthday of Swami Vivekananda as the National Youth Day. Since then, it is started celebrating as the National Youth Day all over the country. In the words of Swami Vivekananda "Education is the manifestation of perfection already in men" The purpose of celebrating this occasion is to highlight the Life & teachings of Swami Vivekananda (he exhorted the youth to be strong and fearless, kind and benevolent, strictly moral and of high character. The programme would start with life & teachings of Swami Vivekananda & followed by relaxation & meditation.

Venue: A- 209

Time: 2:30 pm till 3:30 pm

Faculty Coordinator: Dr Ruchika yadav

Registrar K.R. Manaslam Sohna nuad. Guruy. aum w. m. auna)



Chetna Society invites you to celebrate

DAY (YUVA DIWAS) NATIONAL YOUTH

Time: 2:30 pm till 3:30 pm Date: 12th Jan, 2019 Venue: A- 209

Faculty Coordinator: Dr. Ruchika Yadav Target Participants: KRMU Students (SOMC)

University Gurugram Campus:

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Academic Session 2018-19

Ref. No.: Science Society/Notice/2018-19/005

10th October 2018

NOTICE

"Science Quiz Competition"

[1] School of Basic and Applied Sciences is planning to organize on "Science Quiz Competition" on 12th October 2018 in offline mode, B014, B-Block.

[2] The competition is organized to inculcate a spirit of **scientific** enquiry and analytical thinking amongst the students.

[3] This is mandatory for all the students of SBAS to attend the competition.

Dr. Nidhi Gaur

Event-In-Charge

Registrar

K.R. Mangalam University

Cohna Road, Gurugram, (Haryana)



K.R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

Chetna Society jointly with UNIC & HET organizes

ALL INDIA ESSAY

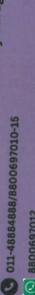
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Submit your entries by 12 August 2018

ruchika.yadav@krmangalam.e du.in

Convener, Chetna Society For details, Contact Dr. Ruchika Yadav Ph: 8527434261

University Gurugram Campus:



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