

2018-19



K.R. MANGALAM UNIVERSITY
THE COMPLETE WORLD OF EDUCATION

Report on

International Yoga Day cum Wellness Week Celebrations -

June 7th to June 21st, 2019

To rejoice and commemorate **International Yoga Day on June 21st 2019**, Chetna Society, Self-Development Society & Health Society at K.R. Mangalam University collectively organized yoga and wellness program which used to commence from 09:30 am till 10:15 am each day . It lasted for 15 days, from **June 7th to June 21st, 2019**.

Sadhguru says, *“Yoga essentially means finding the keys to the nature of the existence. Yoga is a mechanism and a technology to get you to that state of experience where you see reality just the way it is”*.

Yoga is a way of life which leads to harmony, peace and blissfulness. Yoga means expanding the sensation to experience the whole universe as a part of yourself.

Global Guide Heartfulness Institute- Kamlesh D. Patel says, “When we manage to listen to the feelings and capture the inspiration that comes from within, we can master our life by listening to the heart again and again. And the whole exercise of fine-tuning the heart with the mind is called Yoga which is possible through the meditation on the heart”.

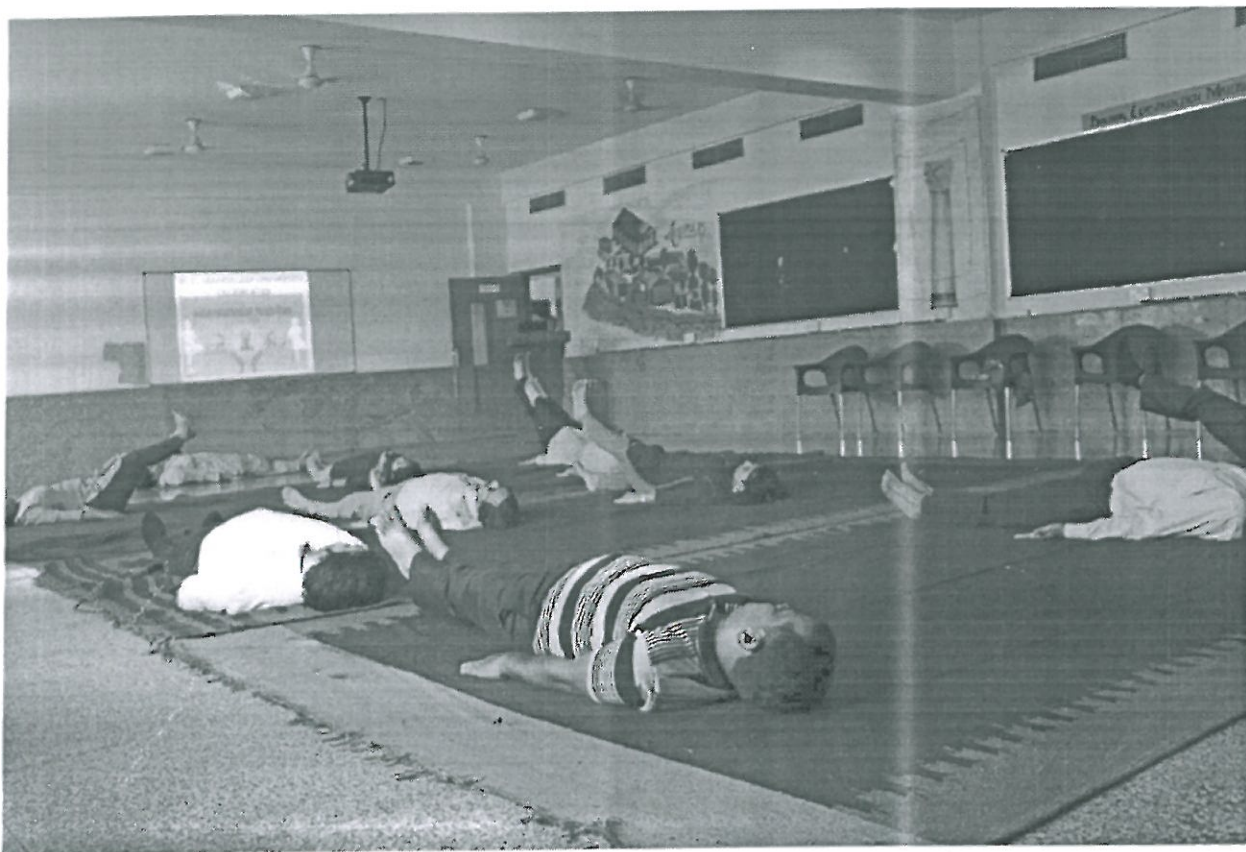
Quite a few sessions, in this unique wellness programme, were conducted on Heartfulness Relaxation, Meditation, Rejuvenation & Contemplation. These sessions were well- received by the participants/faculty members including the leadership team. Each participant was fully engaged while performing exercises and felt completely peaceful and distressed at the time of Yogic & Heartfulness practice.

Moreover the below- stated talks/videos/podcasts were done too -

- 1) Talk by Dr. Hegde on- How hatred can be the cause of many chronic diseases like cancer & heart stroke?
- 2) Video on Selflessness/Kindness.
- 3) Video on thoughts management & how this can eliminate clutter from the human minds?


Registrar
K.R. Mangalam
Sohna Road, Gurugram, Haryana

This two weeks' program increased the concentration of participants and they felt very exuberant and ecstatic, too. Also, it added the feeling of sharing, learning and participation. Overall it was quite an enriching experience.



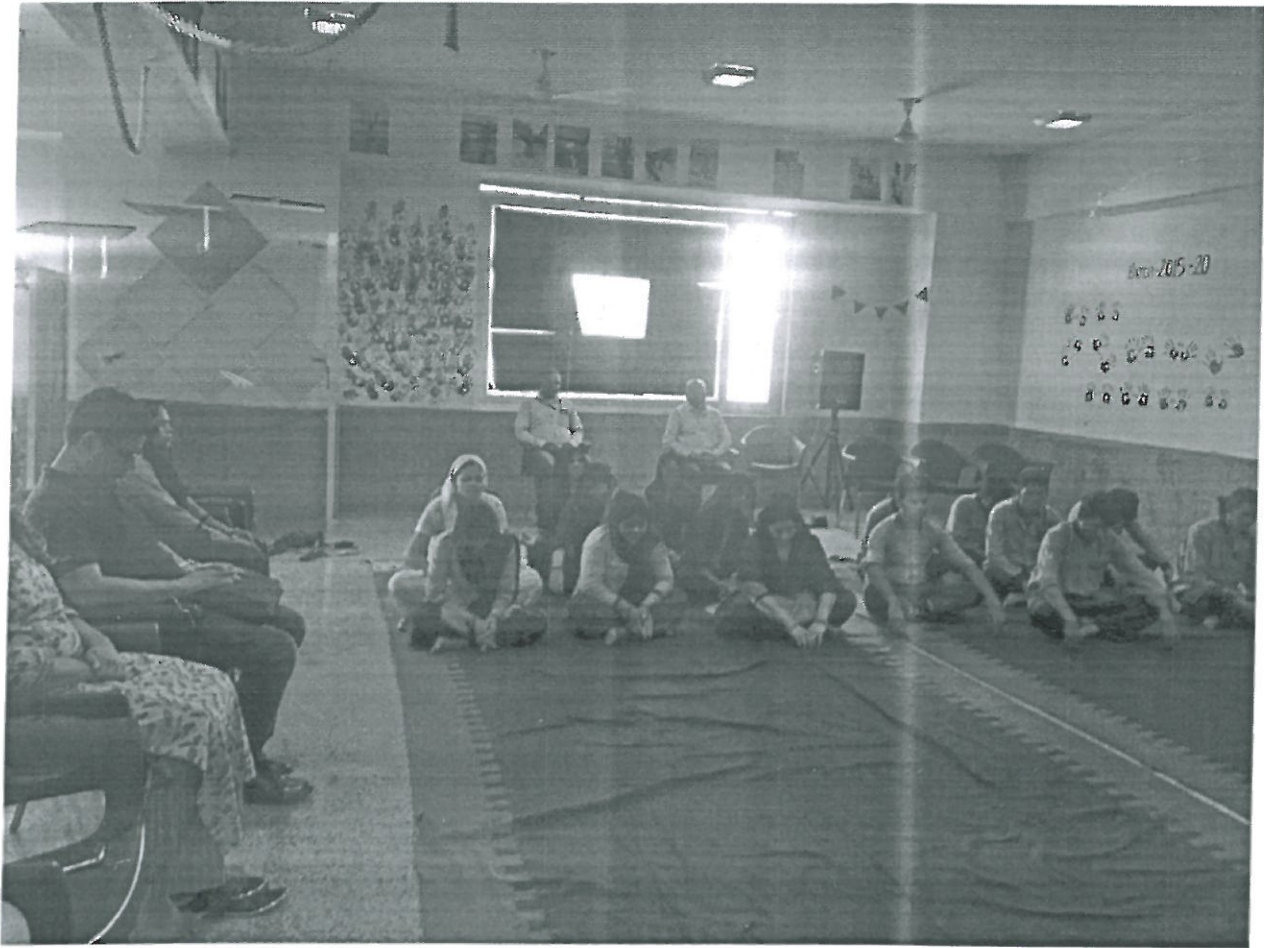
Ruchita Yadav


Registrar
K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



Rushik Yada

[Signature]
Registrar
K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



Ruchita Yadav


Registrar
K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



Ruchita Yadav


Registrar
K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



Dr. Ruchika Yadav
Convener- Chetna Society

Ruchika Yadav

JMD
Registrar
K.R. Mandalem University
Sohna Road, Gurugram, (Haryana)

Report on Mind Games to Trigger the Mind of the Students

Mind Games to trigger the mind of the students of Science Society was organized to help students improve concentration, enhance the ability to find similarities and differences in objects and increase short term memory on 28 March 2019. The games included Spot the difference, Dates and Events, recognizing names & Faces and Reading colours. Prabhat, Mohini and Devika coordinated the event. Dr. Nidhi Gaur and Dr Ravendra Singh were the faculty coordinators. Pinki and Vikas from B.Sc (H) Physics were declared winners.



Registrar

**K.R. Mangalam University
Sohna Road, Gurgaon, (Haryana)**



K.R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

Report on Programme on Pursuit Of Inner Self Excellence (POISE)

Chetna Society & Self-Development Society collectively organised an eleven hrs. programme from 22nd January to 26th March'2019 for the students, faculty members, administrative members & housekeeping staff under the theme - **Pursuit Of Inner Self Excellence (POISE)**.

The main aim was to offer the participants an aspirational set of values to live by; to assist them achieve a balanced life focused on a spiritual goal & an ethical material life; and eventually contribute to self & societal development.

A series of practical and interactive sessions were held on life history of legends through audio/video clippings, book reading and exploring spiritual systems through meditation practices and also discussion sessions were conducted for achieving the inner excellence.

Participants attended in- depth self- development sessions such as- relaxation & meditation with transmission, integration of life values with day to day working & enhancing the listening skills through listening others.


Apart from these sessions, discussions were held on, the need of quality life for self and for others, need to set an aspirational goal to bring excellence, happiness, harmony and peace in life.

The participants observed various changes after attending the sessions such as-better understanding of self & others, inspired and self-motivated to pursue a balanced life, a deep interest in self-growth to lead a better life.

Participant Feedback: Participants expressed deep gratitude for the programme, highlighting how it provided them with valuable insights into their inner selves. Many remarked on the practicality of the sessions, noting how they could immediately apply the lessons learned to their daily lives. Some shared personal stories of transformation, describing how they now approach challenges with a renewed sense of calm and clarity.

Enhanced Understanding: One of the most notable outcomes was the enhanced understanding participants gained of themselves and others. Through activities that encouraged introspection and empathy, individuals developed a greater sense of compassion and tolerance. This newfound understanding fostered stronger relationships within the community and workplace, creating a ripple effect of positivity.

Inspiration and Motivation: The programme served as a catalyst for inspiration and motivation among participants. Many reported feeling a renewed sense of purpose and drive


Registrar
K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)

to pursue their goals with diligence. This newfound motivation translated into improved productivity and a more positive work environment.

Interest in Self-Growth: A recurring theme among participants was the newfound interest in self-growth and personal development. The programme instilled a desire to continuously learn and evolve, with many expressing eagerness to explore further avenues of self-discovery. Some have even taken up regular meditation practices, citing its benefits on their mental well-being.

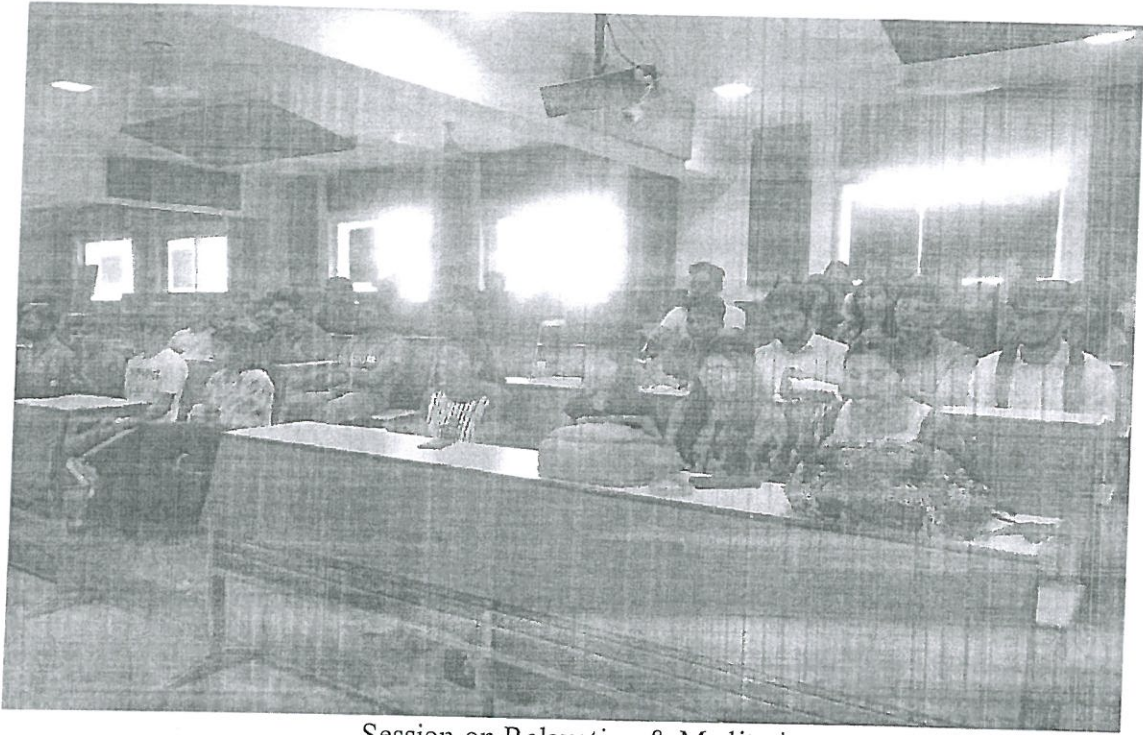
Contributing to Societal Development: As participants embarked on their individual journeys of self-improvement, they also recognized the broader impact on societal development. By embodying the values of balance, ethics, and spirituality, they became role models within their communities. Several participants have initiated community service projects, aiming to spread the message of inner excellence to a wider audience.

Recommendations for Future Programmes: Based on the success of the "Pursuit Of Inner Self Excellence (POISE)" programme, there is a strong recommendation for future iterations. Participants suggested incorporating more hands-on activities, such as group discussions and experiential exercises, to deepen the learning experience. Additionally, expanding the programme to reach a wider audience was seen as a valuable step towards fostering a culture of self-awareness and growth.

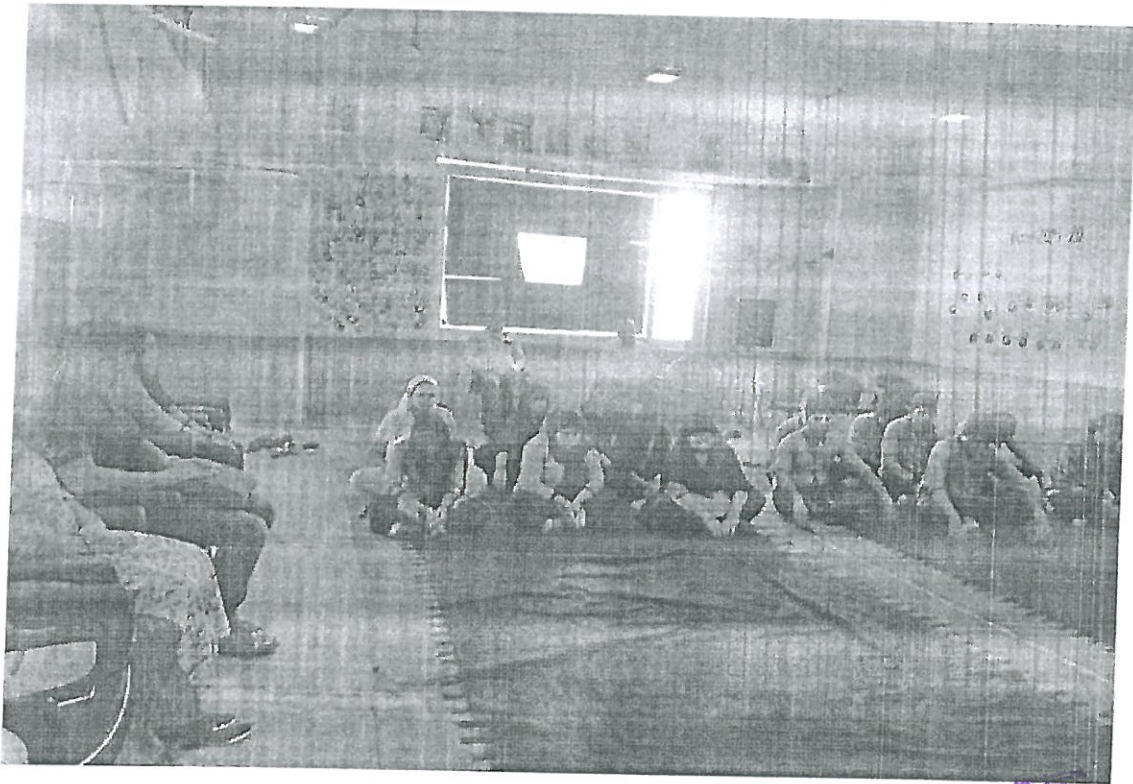
Celebrating Progress: Recognizing the importance of celebrating milestones, participants proposed periodic gatherings or events to commemorate their progress. These occasions would not only serve as a way to acknowledge individual achievements but also foster a sense of camaraderie and unity among participants. Such celebrations could include sharing personal stories of growth, showcasing talents, or hosting guest speakers to inspire continued motivation.

Conclusion: In conclusion, the "Pursuit Of Inner Self Excellence (POISE)" programme was a resounding success, leaving a lasting impact on participants' lives. Through a thoughtful combination of practical sessions and insightful discussions, individuals gained invaluable tools for personal and spiritual growth. The collaborative efforts of Chetna Society & Self-Development Society have undoubtedly contributed to a more enlightened and empowered community, poised to make a positive difference in the world.



Registrar
K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



Session on Relaxation & Meditation



Meditation session for housekeeping staff


Registrar
K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



Discussion on enhancing Listening Skills


Registrar
K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)

Report on Science Day Celebrations

National Science Day was celebrated on 28 February 2019 to commemorate the discovery of the Raman Effect by Sir C.V. Raman. The objective was to promote active involvement of students in science related activities and encourage scientific thinking under Abdul Kalam Science Society, K.R. Mangalam University. Dr. Nidhi Gaur and Dr Ravendra Singh coordinated the event.

LIST OF WINNERS:

- Debate - Ishika, B.Tech, CSE, I position
- Quiz - Devika, Amandeep, Manish, B.Sc (H) Mathematics, I position
- Ishika, Shivani, Venkat (B.Tech CSE, B.Sc (H) Physics, II position
- Jyoti, Vanshika, Palvi, B.Sc (H) Physics, III position



Registrar
K.R. Mangalam University
Sohna Road, Gurugram (Haryana)

Report on Poster Sketching Competition

Abdul Kalam Science Society organized the Poster Sketching Competition on the topic "Environment" on 21 February 2019. The competition was judged by Dr. Seema Raj. Prabhat, B.Sc.(H) Physics coordinated the event.

WINNERS:

Anu (M.Sc. Physics) I Position

Prabhat (B.Sc. (H) Physics) II Position

Palvi Kumari (B.Sc. (H) Physics) III Position



Registrar
K.R. Mangalam University
Scheme Road, Gurugram, (Haryana)



K.R. MANGALAM UNIVERSITY
THE COMPLETE WORLD OF EDUCATION

REPORT ON

Celebration of National Youth Day on 12th Jan' 2019 at K.R. Mangalam University

"Arise! Awake! And stop not till the goal is reached."

Chetna Society celebrated National Youth Day (Yuva Diwas) in the premises of KRMU on 12th January' 2019. This day was celebrated with the great joy and enthusiasm to commemorate the birthday of Swami Vivekananda, maker of the modern India.

In the words of Swami Vivekananda "Education is the manifestation of perfection already in men", hence the theme of this National Youth Day Programme was- Education & Character Formation; which started with the life-history & teachings of Swami Vivekananda and further followed by Relaxation & Meditation.

The programme included the highlights from the Life & teachings of Swami Vivekananda, wherein he exhorted the youth to be strong and fearless, kind and benevolent, strictly moral and of high character. Around 15 faculty members attended this programme & felt warmly touched by the sacrifice & commitment of Swami Vivekananda for his country.

The highlights of the programme included:

- **Life & Teachings of Swami Vivekananda:** A detailed exploration of Swami Vivekananda's life journey, shedding light on his teachings and philosophies that continue to inspire generations.
- **Message of Strength and Fearlessness:** Swami Vivekananda's call to the youth to embody strength and fearlessness in the face of challenges, resonated strongly with all attendees.
- **Emphasis on Moral Values:** The programme emphasized the importance of moral values and character building, drawing from Swami Vivekananda's own beliefs.
- **Reflection and Meditation:** A session on relaxation and meditation was conducted, providing a moment of introspection and peace for all participants.

As we celebrated National Youth Day, we were reminded of Swami Vivekananda's timeless message: "Arise! Awake! And Stop not till the goal is reached." The event served as a beacon of inspiration for all present, urging us to strive for excellence in education and character, following in the footsteps of this great visionary.

The celebration of National Youth Day at K.R. Mangalam University was a testament to the enduring legacy of Swami Vivekananda and his impact on the youth of India. The event was


Registrar
K.R. Mangalam University
Sohna road, Gurugram, (Haryana)

only honored his contributions but also served as a platform to instill his teachings of selflessness, courage, and moral integrity in the minds of the attendees.

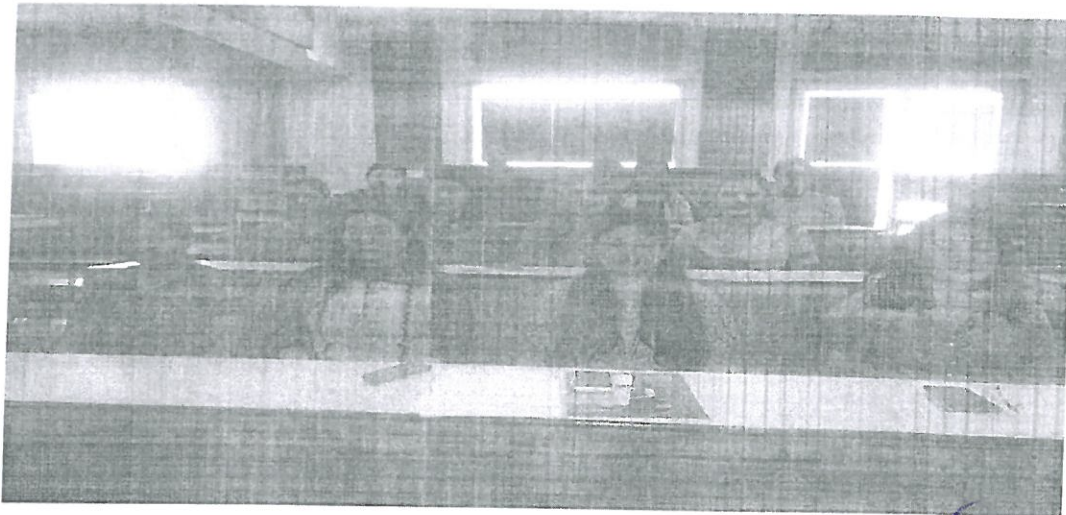
The discussions during the programme highlighted the need for today's youth to not only excel in academics but also to nurture their character and values. Swami Vivekananda's emphasis on the holistic development of individuals left a profound impression on all those present.

In addition to the intellectual discourse, the programme also provided a moment of tranquility through the session on relaxation and meditation. This aspect was particularly appreciated by the attendees, as it offered a valuable opportunity for introspection and inner peace.

The spirit of unity and inspiration that filled the atmosphere on National Youth Day was truly remarkable. It served as a reminder of the potential within each individual to contribute positively to society, just as Swami Vivekananda envisioned for the youth of India.

As we move forward from this celebration, let us carry forward the torch of Swami Vivekananda's ideals and continue to strive for excellence in both our academic pursuits and personal character. Let us be the embodiment of his vision for a strong, morally upright, and enlightened youth that can lead India to greater heights.

We extend our heartfelt thanks to all the participants, faculty members, and organizers who made this event a memorable and meaningful one. Let us continue to be guided by the words of Swami Vivekananda, "Arise! Awake! And Stop not till the goal is reached."




Registrar
K.R. Mangalam University
Sohna Road, Gurugram, Haryana



K.R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

Commemoration of 149th Birth Anniversary of Mahatma Gandhi Report

Chetna Society on behalf of K.R. Mangalam University did celebrate 149th birth Anniversary of 'Father of Nation' -Mahatma Gandhi with success & the theme was '*Non-Violence Week*' which was from 3rd October till 9th October, 2018.

Under above theme- Chetna Society conducted events, viz, - poster making event on- *swachchata abhiyaan & ahimsa* on 4th October 2018, we conducted another one on- '*Reading from the autobiography of Mahatma Gandhi*' on 5th October, 2018. Students from various schools participated, here students read various incidents dramatically from the said autobiography with lots of emotions which took place in Gandhiji's childhood ,his education, Gandhi in South Africa, champaran satyagraha, kheda satyagraha, khilafat movement, post-world war I, non- cooperation movement & Gandhi, Swaraj, Simon & Salt Satyagraha (Dandi March) & the like emotive events.

Moreover, some students recited poems related to ahimsa & patriotism. These events as done by the amazing learners added lots of emotions of empathy , love for India & how she evolved to the position as it is now , where everybody feels the sense of freedom which we owe to legends like Gandhiji.

And finally it gracefully ended with (*valedictory*) with very touching & compassionate speech by Prof.(Dr.) Sita Bimbrew, retired hindi professor from Kamla Nehru College, Delhi University ,she left everybody spell bound with her ideologies about Gandhiji's lifestyle & there was a practical session with students where they picked up *Charkha-Spinning* which was the highlight event of the day ,also to mention here whole backdrop of the day in the end was lit up with signature *Gandhiji's Bhajans*.

Ruchika Yadav
Dr. Ruchika Yadav
Associate Professor
SOMC



J.P.
Registrar
K.R. Mangalam University
Sohma Hill, Gandhinagar, Gandhinagar, Gandhinagar




Registrar
K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)

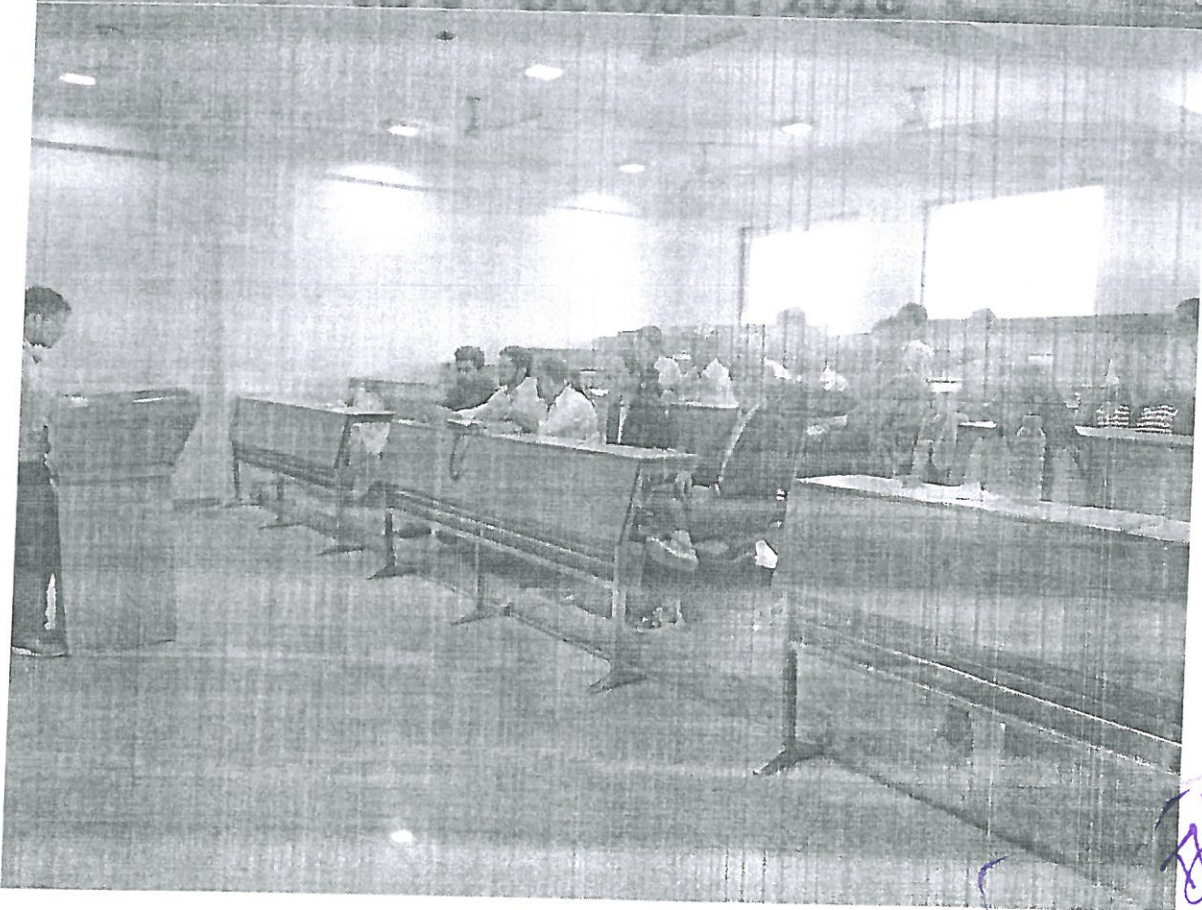
K.R. Mangalam University

Celebrates

149th Gandhi Jayanti

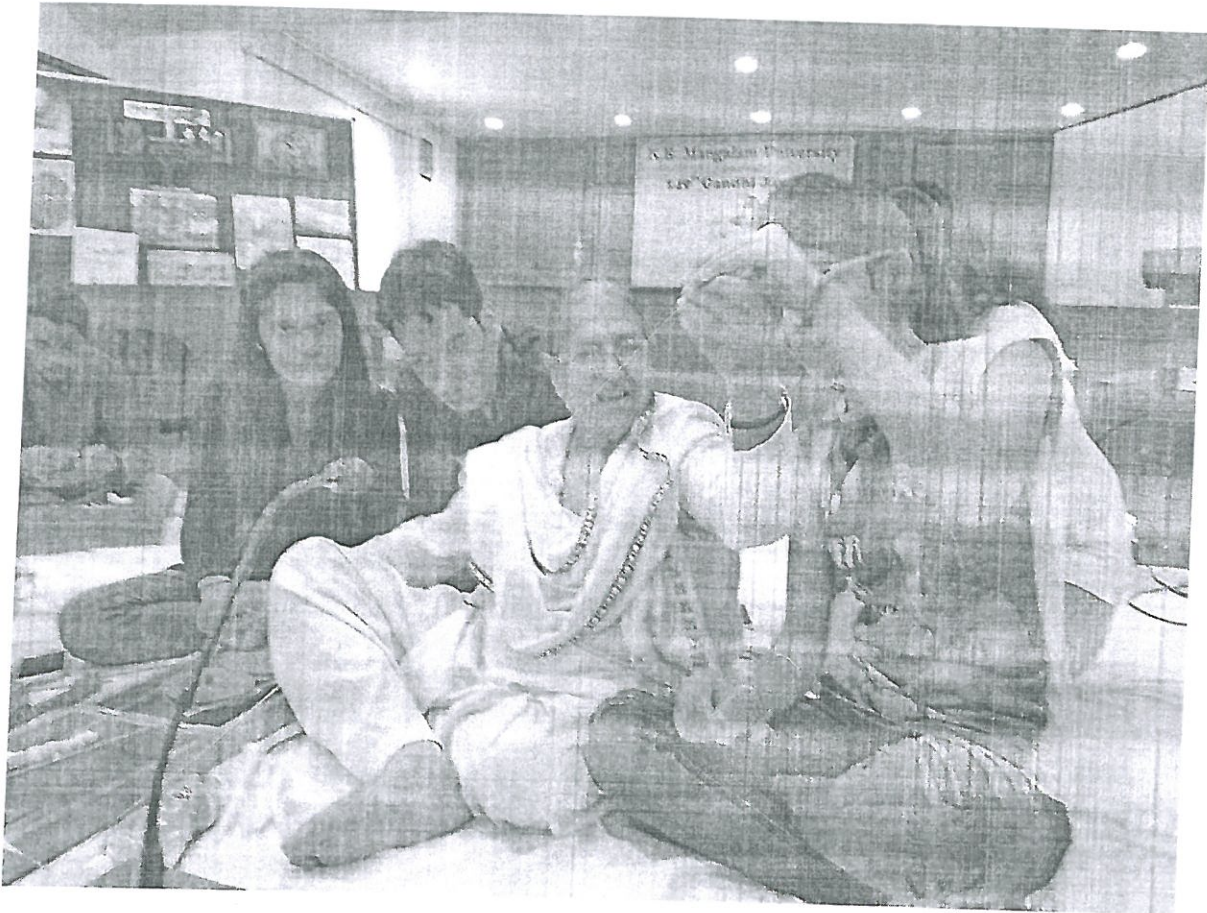


2nd to 9th October, 2018



[Handwritten Signature]

Registrar
K.R. Mangalam University
Sohna Road, Gurukul, (Haryana)



Ruchika Yadav

Dr. Ruchika Yadav
Associate Professor
SOMC

Jyoti
Registrar
K.R. Mangalam University
Sohna Road, Gurugram (Haryana)

K.R. Mangalam University celebrated 149th Birth Anniversary of Bapu



KRMU celebrated 149th birth Anniversary of 'Father of the Nation'-Mahatma Gandhi by organizing a week long celebrations from 2 October to 9 October 2018.

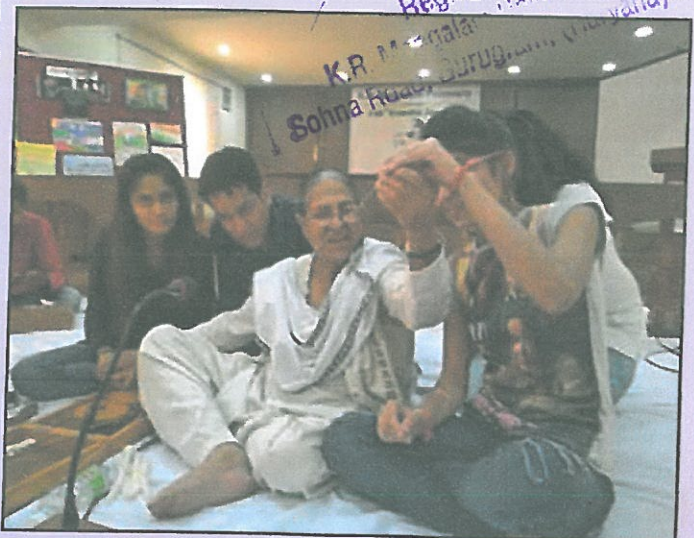
The students of K.R. Mangalam University presented a Nukkad Natak on 'Gandhi ji Ki Soch' on 2 October 2018 at Gandhi Smriti. The play was part of cultural celebrations organized at Gandhi Smriti on the occasion of 149th Birth Anniversary of Mahatma Gandhi. Around 10 students participated in the Nukkad Natak and spread awareness about Bapu's thoughts and views.

Chetna Society organized poster making competition on 3 October 2018. Around 20 students participated in the competition. The theme was 'Swachhta Abhiyan' and 'Ahimsa'. The students presented their views and thoughts through colours and sketches. It was overwhelming to see the enthusiasm of the participants.

On 4 October 2018, Chetna Society organized a reading activity wherein the students from various schools read autobiography of Mahatma Gandhi. The students read about Gandhiji's childhood days, early life, education, his stay in South Africa, his contribution in Champaran Satyagraha, Kheda Satyagraha, Khilafat Movement, Non-Cooperation Movement etc. Some students recited poems on ahimsa and patriotism.

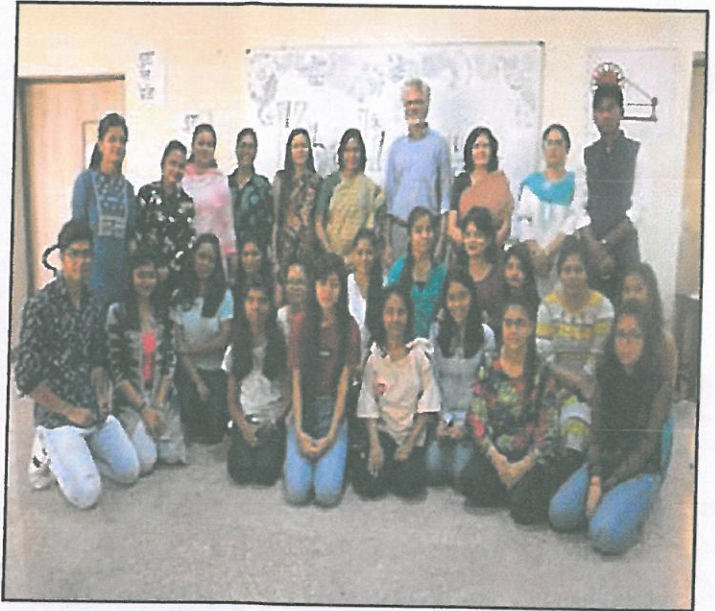
School of Fashion celebrates Khadi Day every year at K.R. Mangalam University. This year the event were part of week long celebrations to pay homage

to Gandhiji on his 149th Birth Anniversary. School of Fashion organized competition 'Hallmark on Fabric' on the theme 'Gandhiji and his contribution' on 5 October 2018. The students were asked to draw/paint/sketch their thoughts and expression using two colours Black and Brown. The participants painted varied things such as stamp on M.K. Gandhi, Charkha, Three wise monkeys, etc. Around 40 students participated in the competition. The winners were awarded certificates and cash prizes. Art Installation competition was organized by School of Fashion on 8 October 2018 was a unique competition wherein students were given paper mashie to prepare a 3D Model on the theme 'Gandhi ji: An inspiration'. The students showcased their talent by preparing 3D model of Charkha, Memory Box containing Bapu's specs, pen, watch, and many more. The students of School of Fashion prepared designer collection of dresses prepared using Khadi. The competition provided chance to young fashion designers to showcase their talent



using Khadi. Around 22 dresses by different student designers were displayed. Medha from School of Fashion won the first prize.

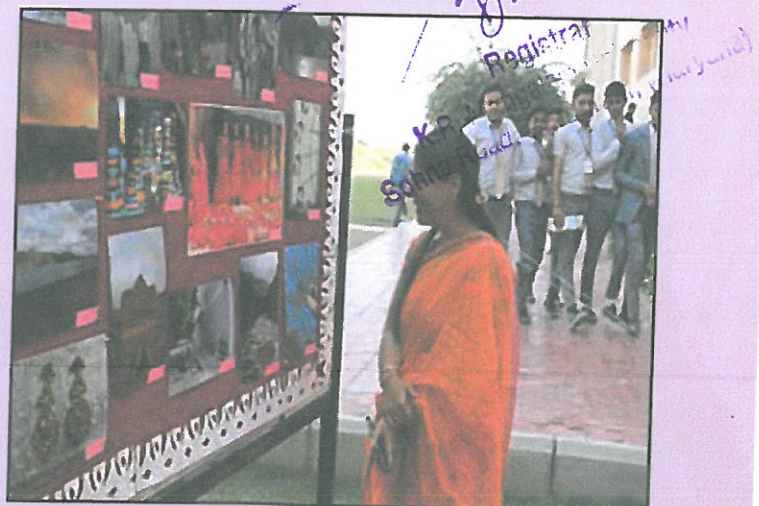
On 9 October 2018, Prof. (Dr.) Sita Bimbrew, Former Hindi Professor from Delhi University's Kamla Nehru College delivered lecture on Gandhian approach/ideologies. She also demonstrated working of Charkha. The programme started with Bhajans of Gandhi ji. Many students took keen interest in learning working of Charkha. Prof. Sita shared her experiences with many national and international delegates who came to her to get the skills for using charkha. She discussed that she had learnt the art of spinning from a freedom fighter who taught her the Gandhian way of living and elaborated the values that made Mahatma Gandhi an iconic figure.

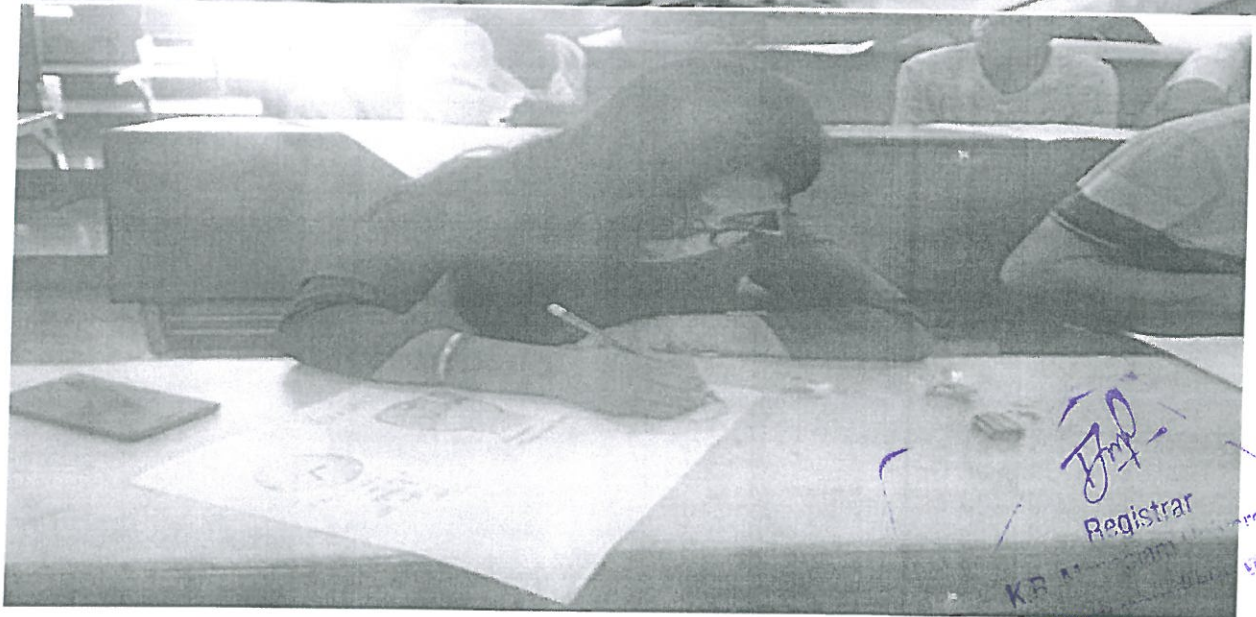
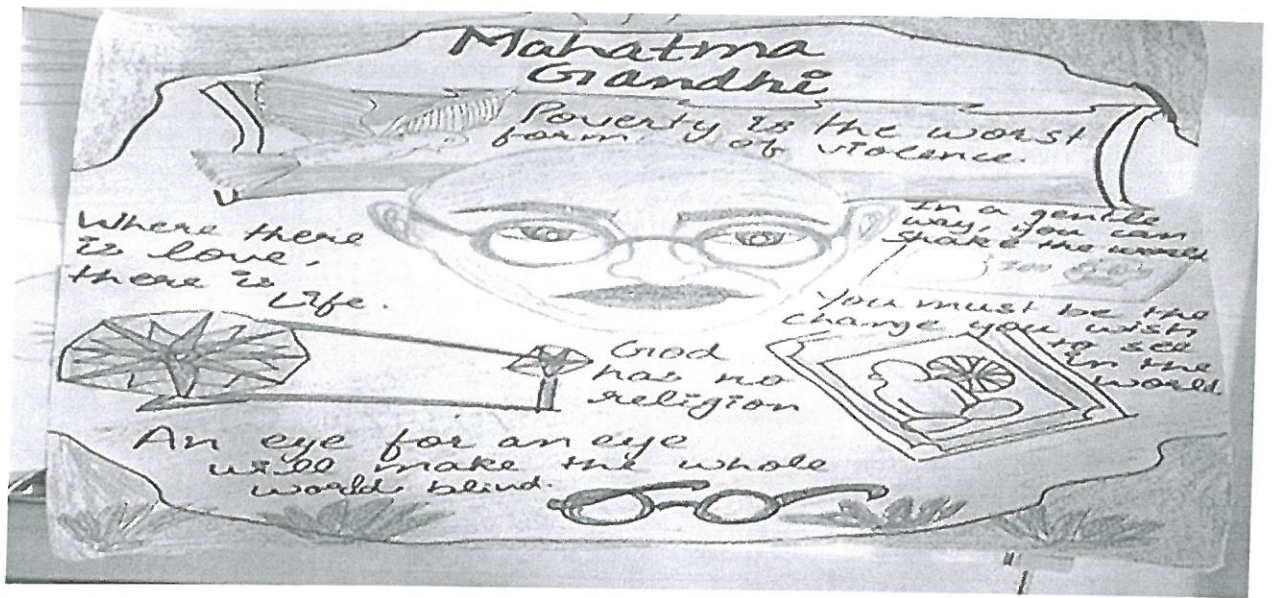


The session was followed by valedictory session wherein winners of the various competitions held during Gandhi Jayanti celebrations were awarded certificates by Prof. (Dr.) Sita Bimbrew, Pro Vice Chancellor, Prof. (Dr.) Anita Sharma and Dean Academics, Prof. (Dr.) Ashum Gupta.

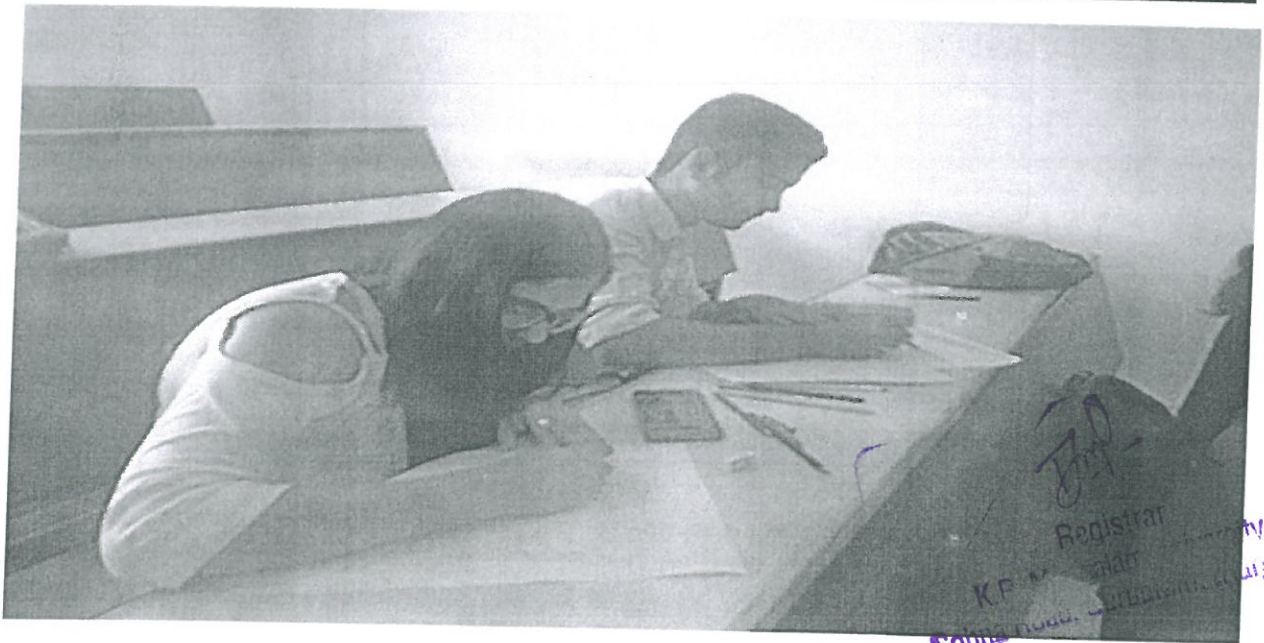
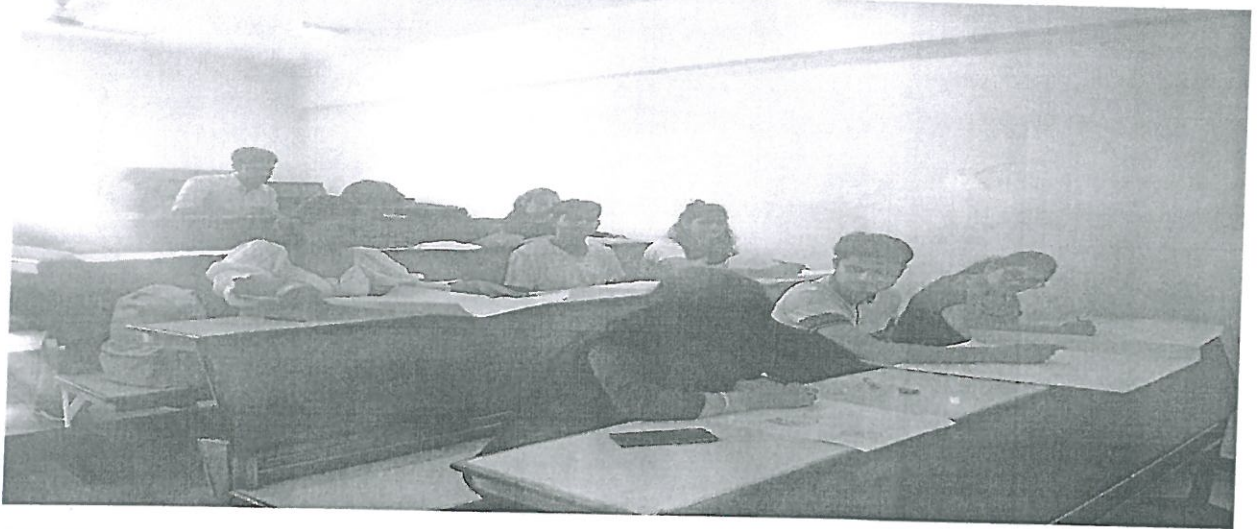
SJMC organized PhotoEx'18 on National Press Day

School of Journalism & Mass Communication organized a photography exhibition – PhotoEx'18 on the occasion of National Press Day on 16 November 2018. The theme of the one-day exhibition was Incredible India and 40 students participated in the exhibition. More than 60 photographs from students of different departments were exhibited during the event. The exhibition covered different types of photographs with the motto to cover the main theme of Incredible India which included: Arts, Food, Fashion, Portrait, Wildlife, Architecture, etc. Prof (Dr.) Aditya Malik, Vice-Chancellor, Prof (Dr.) Ashum Gupta, Dean Research & Academic Affairs and Prof (Dr.) Krishan Lal graced the occasion and appreciated the work done by the students in organising the event. The photographs displayed during the exhibition were judged by Prof (Dr.) Arun Garg, Dean, School of Medical and Allied Sciences along with Dr. Diwakar Padalia, Associate Professor, School of Basic and Applied Sciences. Ms.Varsha Saluja, BA(JMC)-III semester secured first position and Mr. Shiva Chadha BA(JMC)-V semester secured second position in the exhibition. The event was coordinated by Ms. Shikha Sharma and Mr. Yash Vats.



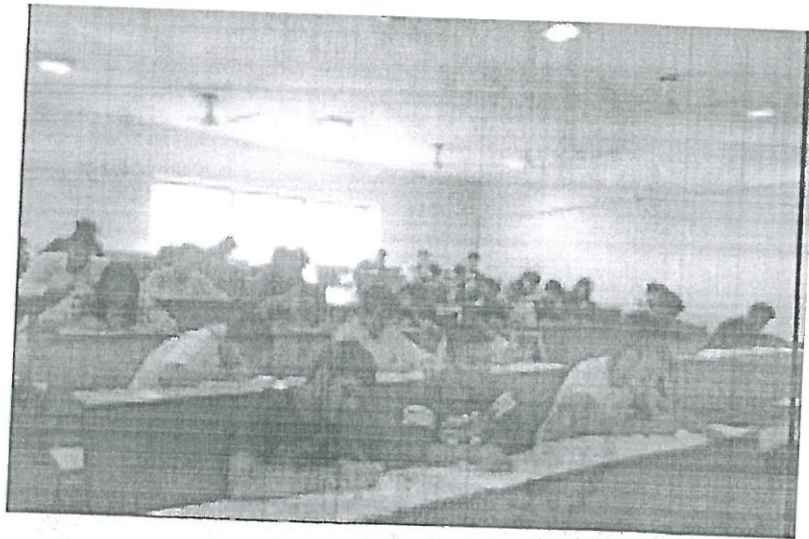


Registrar
K.R. ...
Sohna ...



Report on Science Quiz

Abdul Kalam Science Society organized a Quiz competition on 12 October 2018. Around 50 students from various schools and departments participated in the quiz. In the first round 13 teams registered themselves and four teams were qualified for the final round. The final round was rapid-fire round wherein Sujit and Jatin were declared winners. Tarun and Deepak bagged second position.



Nishi


Registrar
K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



K.R. MANGALAM UNIVERSITY
THE COMPLETE WORLD OF EDUCATION



Chetna Society Organizes **All India Essay Writing Event 2018**

Chetna Society at KR Mangalam University organised All India Essay Writing Event conducted by United Nations Information Centre, India & Bhutan & Shri Ram Chandra Mission (a non-profit spiritual organisation).

Topic of this event was – **“A mind all logic is like a knife all blade. It makes the hand bleed that uses it”** – Rabindranath Tagore.


Students from different schools were guided & motivated on 28.08.2018 to participate in this event. Heartfulness session of meditation was conducted during the session.

212 Students participated in this event. participants got to know about their hidden potential regarding their learning, reading & writing skills. They were feeling confident & motivated for reading the related material & writing.

Shubham Singh from BBA programme at School of Management & Commerce got awarded with Silver Medal for getting the 2nd position at State Level (Delhi State) in UG/PG (English) Category.

Akshay Bhati, at KR Mangalam University got awarded with appreciation certificate for getting 5th Position in Ug/PG (Hindi) Category.

Many other students were awarded with Merit certificates.


Registrar
K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



K.R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

Report

ALL INDIA ESSAY WRITING EVENT 2018

Chetna Society takes the privilege to share the pride and glorious moments of our students who have a calibre to tap into their inner space and tune into the soft voice of their heart that never fails to inspire & guide; as they have expressed their feelings in words by participating in 'All India Essay Writing Event 2018' titled- " **A mind all logic is like a knife all blade. It makes the hand bleed that uses it**". **By-Rabindranath Tagore.**

This event was organised by United Nations Information Centre (UNIC) and the Heartfulness Education Trust.

K.R. Mangalam University was awarded with the **Certificate of Appreciation** for the outstanding contribution in terms of **quality work & participation of more than 215 students** in this event.

Shubham Singh from BBA 2nd year was awarded with **Silver Medal** who secured **2nd position** among essays written in English in the **State of Delhi NCR** (English Category).

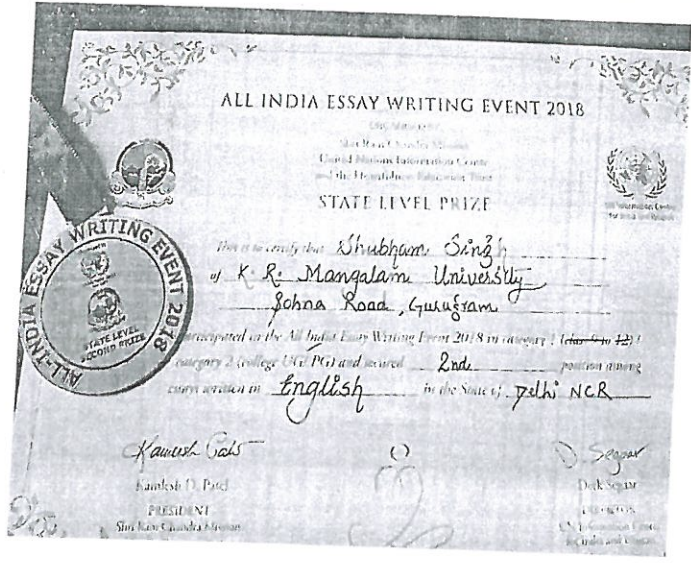
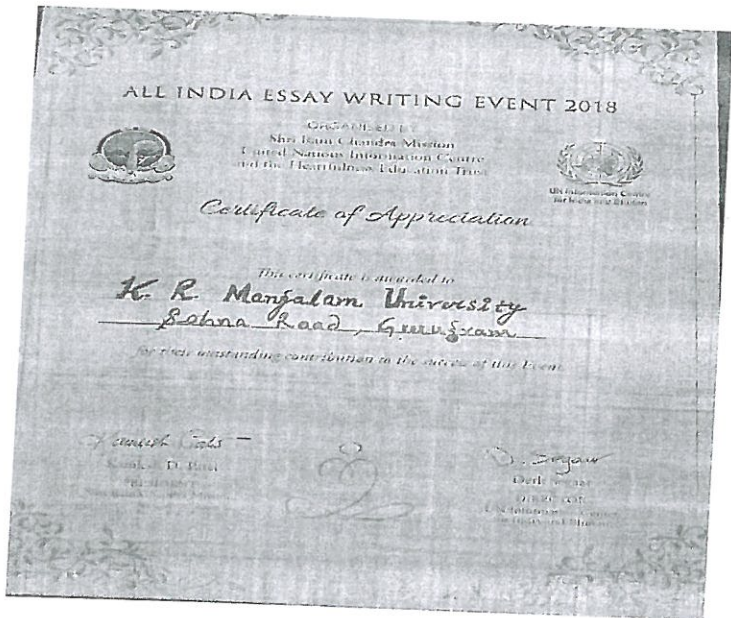
Akshay Bhati(BBA), Lovely Tokas (BBALLB(H) & Akash Tanwar(BBA) secured **5th, 6th & 10th positions** in the **State** respectively (Hindi Category).

Three students Manisha Yadav, Saksham Aggarwal & Reet Adhana had been awarded with **Certificate of Merit** and received an **Honorable Mention** among all the entries received from K.R. Mangalam University.

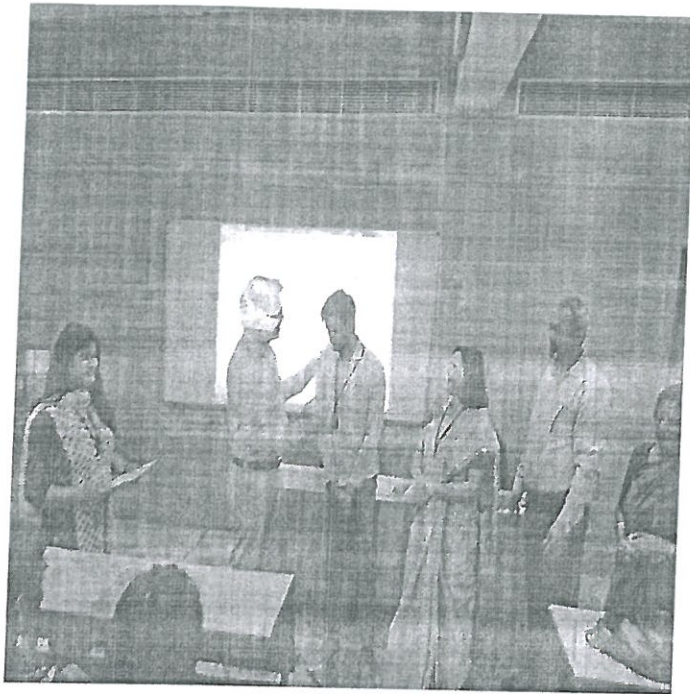
Our Leadership team distributed the Medal & Certificates to the achievers to encourage them for their future pursuits in this direction. Moreover the leadership team inspired the students by sharing their anecdotes which truly further motivated our students to participate in such endeavours.

In conclusion, the 'All India Essay Writing Event 2018' was a resounding success for K.R. Mangalam University, showcasing the immense talent and dedication of its students. We extend our heartfelt congratulations to all the winners and participants for their exceptional contributions. The Chetna Society remains committed to nurturing and celebrating such intellectual pursuits, aiming to inspire future generations to excel in both academics and personal growth.


Registrar
K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



[Signature]
Registrar
K.R. Mangalam University
Sohna Road, Gurugram (Haryana)



Ruchika Yadav

Dr. Ruchika Yadav
Convener- Chetna Society

[Handwritten Signature]
Registrar
K.P. M. ...
Sahaz ...



K.R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

Report

ALL INDIA ESSAY WRITING EVENT 2018

Chetna Society takes the privilege to share the pride and glorious moments of our students who have a calibre to tap into their inner space and tune into the soft voice of their heart that never fails to inspire & guide; as they have expressed their feelings in words by participating in 'All India Essay Writing Event 2018' titled- " **A mind all logic is like a knife all blade. It makes the hand bleed that uses it**". **By-Rabindranath Tagore.**

This event was organised by United Nations Information Centre (UNIC) and the Heartfulness Education Trust.

K.R. Mangalam University was awarded with the **Certificate of Appreciation** for the outstanding contribution in terms of **quality work & participation** of more than **215 students** in this event.

Shubham Singh from BBA 2nd year was awarded with **Silver Medal** who secured **2nd position** among essays written in English in the **State of Delhi NCR (English Category)**.

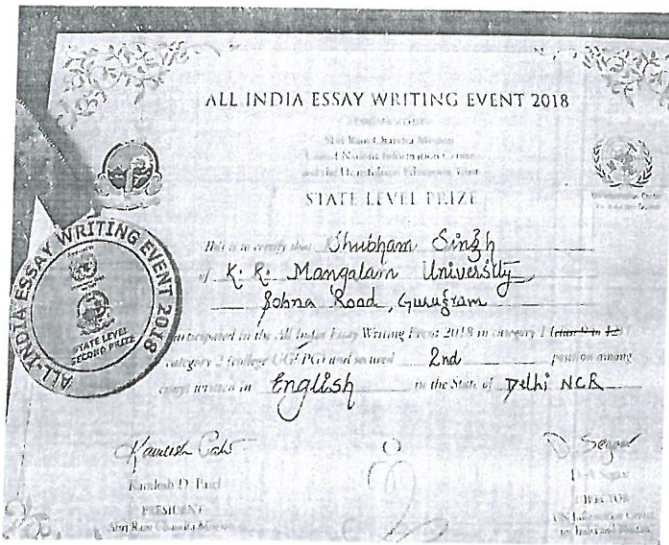
Akshay Bhati(BBA), Lovely Tokas (BBALLB(H) & Akash Tanwar(BBA) secured **5th, 6th & 10th positions** in the **State** respectively (Hindi Category).

Three students Manisha Yadav, Saksham Aggarwal & Reet Adhana had been awarded with **Certificate of Merit** and received an **Honorable Mention** among all the entries received from K.R. Mangalam University.

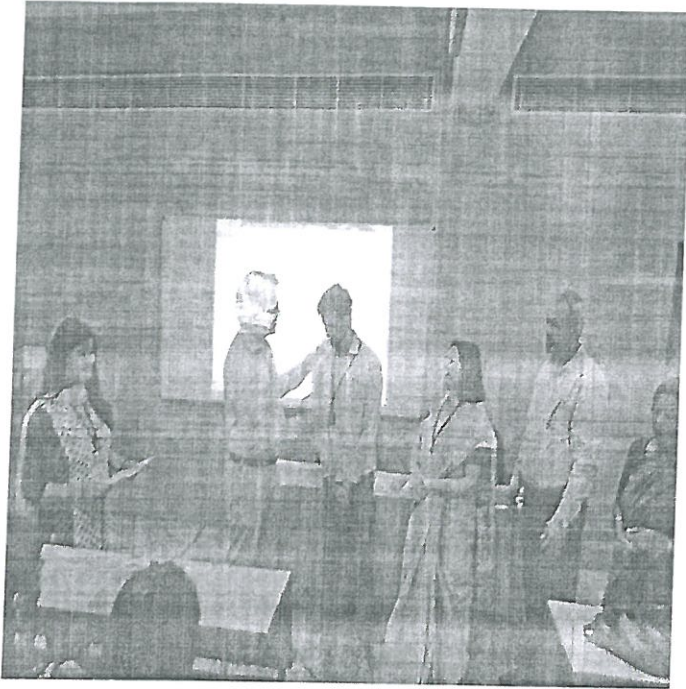
Our Leadership team distributed the Medal & Certificates to the achievers to encourage them for their future pursuits in this direction. Moreover the leadership team inspired the students by sharing their anecdotes which truly further motivated our students to participate in such endeavours.

In conclusion, the 'All India Essay Writing Event 2018' was a resounding success for K.R. Mangalam University, showcasing the immense talent and dedication of its students. We extend our heartfelt congratulations to all the winners and participants for their exceptional contributions. The Chetna Society remains committed to nurturing and celebrating such intellectual pursuits, aiming to inspire future generations to excel in both academics and personal growth.

Registrar
K.R. Mangalam University
Gurgaon, Haryana (122002)



[Signature]
Registrar
K. R. Mangalam University
Sohna road, Gurugram (Haryana)



Ruchika yadav

Dr. Ruchika Yadav
Convener- Chetna Society

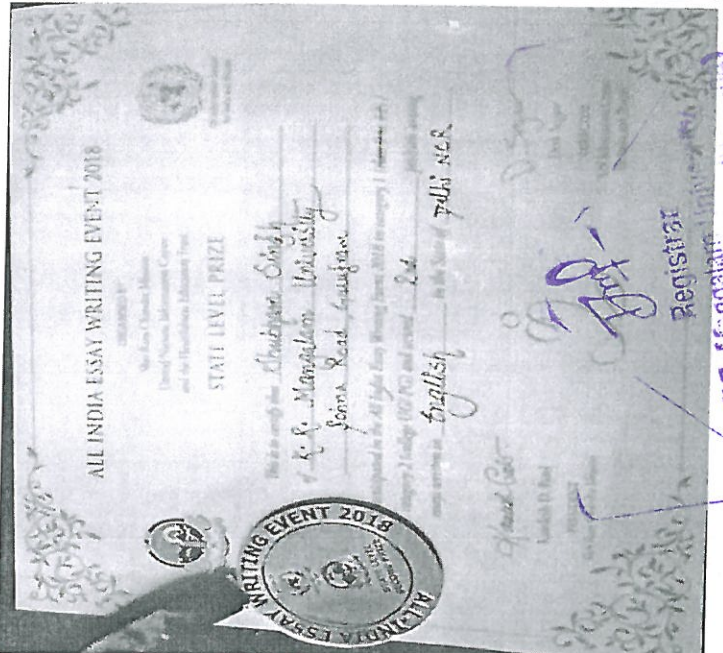

Registrar
K.R. Mangalam University
Sehna Road, Gurugram, (Haryana)

HEARTFULNESS ESSAY EVENT 2019

The Best of Heartfulness
 Award Ceremony
 at K. R. MANGLAM UNIVERSITY
 Certificate of Merit

The 1st runner up
K. R. MANGLAM UNIVERSITY
BY MANGLAM UNIVERSITY, JORNA ROAD, GURUGRAM, HARYANA
 presented for the All India Essay Writing Event 2018 for category 1 (Intermediate) and awarded an Honorable Mention among all the participants from the institutions in the Country.

Handwritten signature
 Head of Dept
 K. R. ManGLAM University
 JORNA ROAD, GURUGRAM
 HARYANA



Handwritten signature
 Registrar
 K. R. ManGLAM University
 Gurugram, Haryana

