

2019-20

Report on "Science and Technology for Disabled Person"

The lecture on "Science and Technology for Disabled Person" was organized by **Dr APJ Abdul Kalam Science Society** on **25th February 2020** in Room No. B014, ground floor, B-Block. More than 20 participants were present in the event including faculties and students.

The main aim to organize this event was to aware the students about the importance of science. As every year, **National Science Day**, celebrated on **28th February** to commemorate the discovery of **Dr. C V Raman's 'Raman Effect'** therefore, the theme of the event was around Science and Technology. The lecture was given by **Ms. Deepshikha Jain**, student from M. Sc. Chemistry.

She told that one billion people, or 15% of the world's population, experience some form of disability today, and the prevalence of disability is highest in developing countries like India. A report by World Bank estimates that about 110-190 million of them experience significant disabilities. 'Persons with disabilities' or PwDs include those who have long-term physical, mental, intellectual or sensory impairments which may hinder their full and effective participation in the society.

The session included that how science and technology is useful for disabled people and being science students what they can contribute towards the betterment of disabled people. Various technologies were described in the presentation. To make the session more interactive there was a question-answer round. Students and faculty actively participated and shared their views and ideas. The session was very informative, interesting and interactive as well.



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Declamation on "Eliminating the Negative Effect of Technology"

The virtual competition on "Eliminating the Negative Impact of Technology" was organized APJ Abdul Kalam Science Society, K. R. Mangalam University on 6th December 2019. More than 30 participants were present in the event including faculties and students.

In present day, we are surrounded by the technology in all manners from our personal laptops, mobile phones, television etc. While some forms of technology may have made positive changes in the world, there is evidence for the negative effects of technology and its overuse, as well. Social media and mobile devices may lead to psychological and physical issues, such as eyestrain and difficulty focusing on important tasks. They may also contribute to more serious health conditions, such as depression. The overuse of technology may have a more significant impact on developing children and teenagers. **Therefore, the main aim to organize this event was to aware the students about negative impact of technology and how can we reduce this negative impact.**

Students share their ideas and thoughts through the poster. Some students made it digitally where some of them reflected their ideas through the sketch. Most of the students focused on to avoid the technology during the free time. Neha suggested clearing the phone from unessential apps as these apps keep us constantly busy while checking it for updates. Divya suggested to turn some television time into physical activity time and try to keep electronic devices out of the bedroom. She also told to prioritize real-world relationships over online relationships by making mealtime gadget-free time.

Shailja and Chandani advised to keep the childrens away from these technologies like phones, laptops either by restricting their time or involving them in physical activities which can only be possible when we encourage them for engaging ones over those that are passive.

In the poster competition, Divya Bharti from B. A. English (H) got first position and Chandani Viji from B. A. Psychology (h) scored second position.

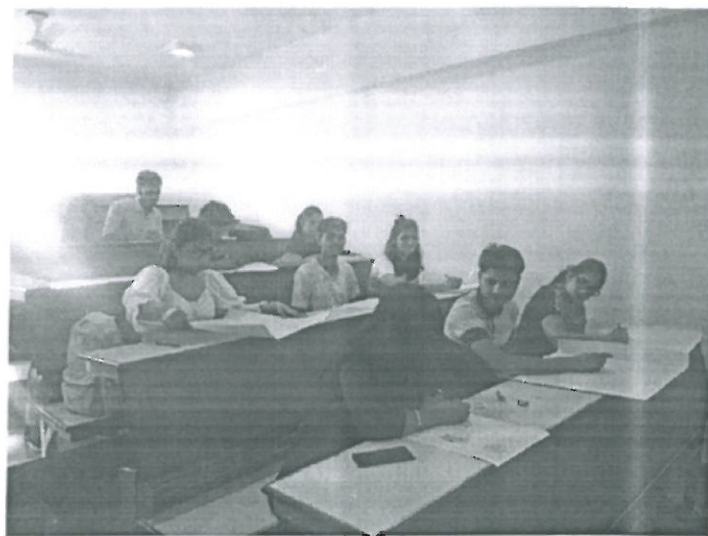
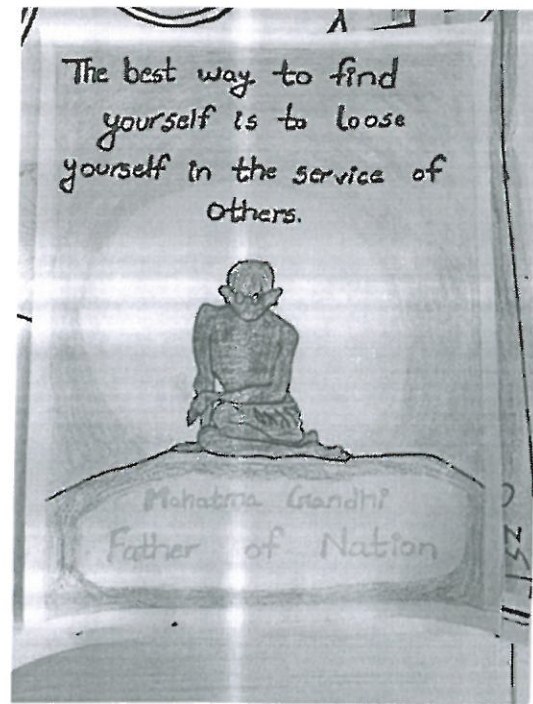
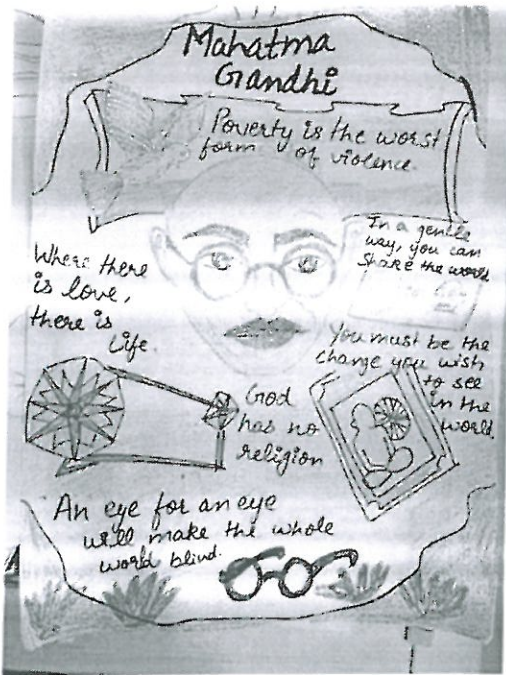


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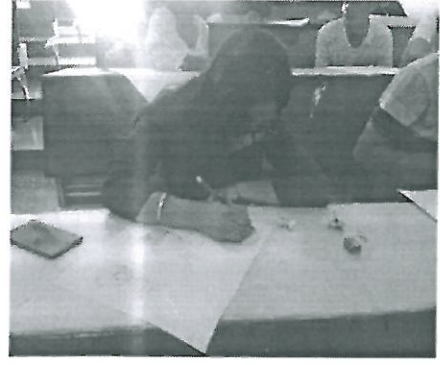
Activity Report: Poster Making Competition

Life Space Club (earlier Chetna Society /Self-Development Society) has organized **Poster making Session on the Theme: Principles & Values of Mahatma Gandhi on 19th September' 2019** i.e. Thursday at 2:20 pm till 4:00 pm in room no B 011. **School of Basic and Applied Sciences** students participated in this activity with great zeal. The activity was organised by Dr. Romila Manchanda (SBAS) and Dr. Ruchika Yadav (SOMC) and coordinated by SBAS faculty members. Students followed the theme of the competition and draw beautiful posters with some value messages of Mahatma Gandhi. Following are the glimpses of activity:



[Signature]
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Ruchika Yadav
19-09-19



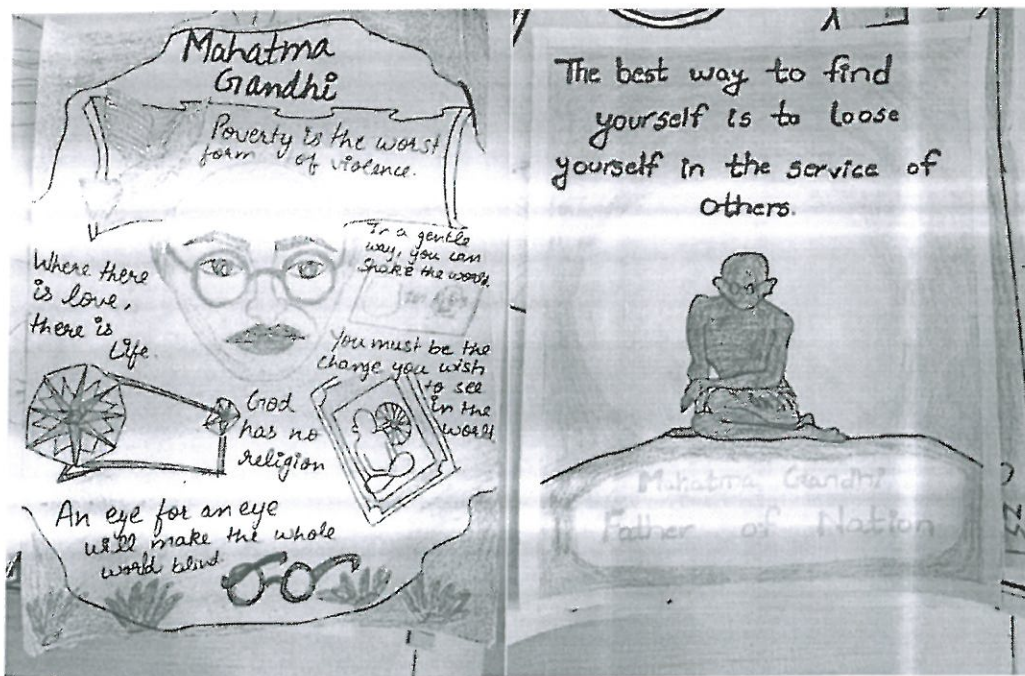
Ruchit Yadav


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Commemoration of 150th Birth Anniversary of Mahatma Gandhi at K R Mangalam University

As a mark of befitting respect to our beloved leader- Life Space Club, SOFD & SBAS from our University has celebrated 150th Birth Anniversary of the Father of the Nation, Mahatma Gandhi from 19th September'2019 to 1st October 2019.

In the same context our students prepared posters on "Principles and Values of Mahatma Gandhi" on 19th September'2019. The activity was organised by Dr Romila Manchanda (SBAS) and Dr Ruchika Yadav (SOMC) and coordinated by SBAS faculty members. Students followed the theme of the competition and draw beautiful posters with some value messages of Mahatma Gandhi.



A skit, based on the **life history & learnings from Gandhiji's Life** was played by the students from different schools of our University on 1st October' 2019 in the University premises. Students enacted different life phases & played different roles related to Gandhiji's Life. A session on **spinning the Charkha & Bhajans** was followed by Skit.



Ruchika Yadav

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SOFD organized Khadi event on 24th Sept' 2019 & 1st Oct' 2019 .Khadi is a hand spun, hand-woven natural fiber cloth originating from India. It is also known as khaddar. The concept of khadi was invented by Mahatma Gandhi.

It is eco-friendly cotton and the fiber is biodegradable which played an important element for the freedom of India.

The aim of this event was to create the awareness amongst the youth to understand the importance of khadi and how it can be rediscovered in a trendy new way. It explored creative talent in the students and gave them an opportunity to show case their talent.



Arushi Yadav

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Report on "JAM – LET'S HAVE FUN" session

"JAM – Let's have fun" session was organized by Dr APJ Abdul Kalam Science Society, on 16th September, 2019. More than 20 participants were present in the event including faculties and students. The event was not organized for the purpose of competition. The main aim of this event was to take away the students as well as faculties from their busy schedule of life for some time.

The event commenced with a welcome speech by Ms. Deepshikha Jain (student coordinator), who warmly welcomed all the virtual attendees and gave the event a delightful start. The programme further proceeded with the introduction to the rules and regulations of the session by her.

JAM which is also known as Just a Minute, is an innovative way to test the speaker's presence of mind, fluency of language, ability to connect their thoughts on the given topic and overall communication skills of the participants. The topics given to students as well as faculties were related from their daily routine experience where they took up the challenge wholeheartedly and spoke on various given topics, showcasing their logical flow of thoughts, coherence of ideas, spontaneity and general knowledge in just a minute. Their excitement could be seen in the way they picked up the slips and expressed themselves.

The teachers and the students relished the entire event and put forth their wish to participate and enjoy other such insightful events in the coming future too.


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