



SDG-5: Achieve Gender Equality and Empower All Women and Girls

Workshop on Food Costing, Profit Calculation, and Entrepreneurial Skills for Women

SOHMCT in collaboration with the Centre of excellence for SDG and NSS organizes.

Extension activity -

To make them learn on how to calculate profits by selling the food items and per item cost in association with NSS.

Date: 10/11/23

Venue: Garhi Bazidpur

Event Type: Extension Activity Mode of

Activity: Offline

Target Group: Village Residents,

Methodology: Demonstration

Coordinators: Chef Virendra (Asst. Professor), Dr Neeraj Kumari (Asst. Professor) **Organized by:** School of Hotel Management and Catering Technology in collaboration with NSS.

Number of Participants: 10 students of SOHMCT, 2 volunteers of NSS and 21 village women





Introduction:

In the final event SOHMCT, in collaboration with NSS, organized an extension activity in the village of Garhi Bazidpur exclusively for the village's womenfolk. The event took place at the anganbadi of the Garhi Bazidpur village. the primary aim of this workshop was to educate and empower these remarkable women by imparting the art of portioning food items and the intricacies of calculating individual product profitability. SOHMCT students and faculty displayed some savory food items which can be made by village women. the students and faculty members of SOHMCT crafted a delectable array of savory food items that could be skillfully prepared by the village women themselves. The faculty also explained how to calculate the cost of making food. At the end, all the women were provided with samples of the food products displayed at the event. They hugely appreciated the concept and taste. Some women expressed a keen interest in learning the recipes and showed enthusiasm for understanding cost calculation and packaging. Nevertheless, transforming them into entrepreneurs may prove to be a challenging task. The women were occupied with their household responsibilities, and they also seemed hesitant about venturing into business endeavors. Recognizing this, the students of SOHMCT and NSS volunteers not only served the food samples but also collected valuable feedback from the women.

It is inspiring to see the women's interest and positive reception to the workshop. Even if not all of them pursue entrepreneurship, they gained valuable knowledge and skills that can enhance their daily lives.

At the end all the women were happy to taste the food. Some women assured that they will discuss the idea with their family and convince them to open some small-scale outlet.

The objective of this workshop was to promote gender equality and impart to them skills and knowledge of food business so that they can be a financial support to their families.





SOHMCT in collaboration with Centre of excellence for SDG and NSS organizes extension activity on

Discussing the entrepreneurship opportunities and identifying and sharing the recipes of snacks and savory items for village women in association with NSS

Date: 27/10/23

Venue: Garhi Bazidpur

Event Type: Extension Activity Mode of

Activity: Offline

Target Group: Village Residents,

Methodology: Demonstration

Coordinators: Chef Virendra (Asst. Professor), Dr Neeraj Kumari (Asst. Professor)

Organized by: School of Hotel Management and Catering Technology in collaboration with NSS.

Number of Participants: Eleven students of SOHMCT, 3 volunteers of NSS and 9 village women

Introduction:

SOHMCT has organized an extension activity in the village Garhi Bazidpur for the woman of the village in association with NSS. The workshop was held at the anganbadi of the Garhi Bazidpur village. The objective of the session was making woman understand the recipes of snacks and savory items. The woman of the village wrote down the recipes. Chef Virendra demonstrated some food products such as multi grain vegetables rolls, millets bread roll and pizza bases. SOHMCT students and NSS volunteers helped village women in understanding packing skills.

Overall, the event was a learning session for the women. women looked less confident but willing to try the recipes.

The outcome of this activity was woman looked interested in learning new recipes of savory snacks. The idea behind this activity is to spread awareness about profit making in food business and helping the village women to support their families financially. This activity also promotes





gender equality.

Extension Activity for-Opening Up a Small-Scale Restaurant for Women entrepreneurs in association with KEIC

Date: 21/09/23, Thursday. Venue:

Garhi Bazidpur

Event Type: Extension Activity Mode of

Activity: Offline

Target Group: Village Residents. Methodology:

Observation, flash activity

Resource Person: Mr. Nitish Kumar Minz, intern from KEIC Coordinators:

Ms. Arushi and Chef Virendra (Asst. Professor)

Organized by: School of Hotel Management and Catering Technology in collaboration with KEIC.

Number of Participants: 11 from village and 13 students from SOHMCT and 05 volunteers from NSS.

Introduction:

SOHMCT, in collaboration with KEIC, has organized an extension activity for the women of Garhi Bazidpur village. The primary objective of this workshop was to empower and educate women on the process of setting up their own restaurant. Mr. Nitish Kumar Minz, intern from KEIC, and Assistant Professor Virendra Singh from SOHMCT have been actively involved in delivering sessions to the participants. Through this workshop, the participants gained valuable knowledge and skills related to entrepreneurship and the intricacies of the food business. The workshop session was held at the village's Anganwadi, providing a comfortable resource, the workshop aims to inspire and support the women of Garhi Bazidpur village in realizing their dreams of establishing successful small-scale restaurants of their own. It served as a platform for fostering entrepreneurship and empowering women to make a





positive impact in their community. SOHMCT and KEIC along with NSS are committed to provide ongoing support and guidance to ensure the long-term success of the participants.

Together, they strive to create opportunities for economic growth and empowerment, promoting a vibrant and thriving culinary culture in the village."

The outcome of this activity was women of village were motivated to understand the business tactics. They were educated about the food business and how it can help them to earn extra money. This program helped in spreading awareness about even being women of the village how they can earn and protect their families from financial uncertainty. This activity also promotes gender equality and empowering women

